A Simple Approach to Ostomy Care
Stoma Positioning

- Umbilicus
- Iliac crest
- Pubis
Stoma Marking

- Type of ostomy surgery
- Can patient see area?
- Are there hills/valleys?
- Above or below belt?
Two-piece Pouching System

Skin barrier w/ flange

Detachable pouch

Types of Ostomy Pouches

Urinary
Drainable
Closed-End
Pre-cut

Cut-to-fit
How to Measure a Stoma
Moldable Technology
Ostomy Pouches

Types of Ostomy Pouches

Urinary
Drainable
Closed-End
Transparent or Opaque Pouch
Application of Ostomy Appliance
Skin Preparation

♦ Wash skin with warm water
♦ Pat dry
♦ Apply skin barrier (flange) & pouch
Problems With Pouch Adherence???
Ask Patient/Staff to Tell You Exactly What They Do....
Are They Washing Gently, Then Drying?
Are They Holding and Molding?
Problems With Pouch Adherence

♦ Ask about appliance application – products - wipes, soaps, powders
♦ Look for hills and valleys in the skin
♦ Consider one piece if present
♦ Consider adding belt
Problems With Pouch Adherence

♦ Consider protective barrier wipe (ie no sting)
♦ Consider Eakin/Adapt seals
♦ Consider Extended wear
♦ Skin barrier (ie Durahesive)
♦ Consider border taping
Different Types of products

♦ Stomahesive powder
♦ Stomahesive paste
♦ Adhesive remover wipes
♦ Convexity products
♦ Tampons ???
What Is Convexity?

♦ An outward curving
♦ Used for flush or retracted stomas
Intimate Apparel for Men and Women

♦ intimatemomentsapparel.com

♦ President- Jean Russo
References

♦ www.ostomy.org/ostomy_info/
♦ www.wocn.org
♦ company websites